

IMMEDIATE NEED COUNSELING KITS



DONATION PACKAGES:

PACKAGE #1: FILL A COUNSELING KIT CABINET

Contribute new items or a cash donation to purchase new items to fill up a cabinet at Lifeline's Vista location. When a clinician discovers that a family needs an item, or a few items, the clinician can provide them for the families to have at home.

PACKAGE #2: DONATE A COMPLETE COUNSELING KIT

Contribute all of the items or a cash donation to purchase all of the items needed to complete a full kit. Please visit our wishlist webpage www.nclifeline.org/wishlist to see what is needed in each kit.



CHILD MENTAL HEALTH SERVICES

North County Lifeline's child mental health program provides counseling to over 300 school-age children and their families annually living in Vista and Oceanside. **Lifeline has an urgent need to provide counseling kits for families enrolled in our mental health services.**

COUNSELING NEEDS

Lifeline's counseling services – both virtual and in-person – are in higher demand since the pandemic. Our child counseling sessions rely on supplies such as markers, sketchbooks, and playdoh, as well as games that promote quality family time for our clients and families.

A significant challenge emerges when we don't have the supplies needed for child and family therapy, which is where we need your help!

HOW TO HELP

Lifeline is soliciting donations to provide "Counseling Kits" for families enrolled in our mental health services. We have two packages available for donors who are interested in helping.

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A list of needed items can be found on our website at

www.nclifeline.org/wishlist. Please reach out with any questions and thank you for your help!