



Resilient Youth  
Strong Families  
Community Partners  
Self-Reliance



2015-16

ANNUAL  
REPORT

Community Impact:  
Prevention Changes Lives

# A Letter to Our Partners

*Dear partners,*

As we reflect on the past year, we continue to be amazed by the incredible resilience of the youth and families served by North County Lifeline. We see it on the faces of children who are overcoming significant obstacles to prosper in school. It shines through in the hard work of parents as they overcome economic and personal obstacles to create a better future for their kids. It is reinforced when our partners come together to solve problems in North County communities.

*And, we believe that prevention is the key to building resilience.*

At the core of Lifeline's service philosophy is *prevention*. We know that when we give kids consistent, caring support at an early age, and when we strengthen their parents, that we can prevent challenges in the future. By helping kids build a solid foundation or get back on the right track early, we give them the skills and strategies needed to avoid pitfalls that become much more difficult to overcome as an adult. Resilient youth stay in school, choose positive peers and role models, and avoid drugs and gangs.

Lifeline staff and volunteers know that prevention programs just make sense. Prevention programs cost much less than intervention and have a significantly greater chance of success. North County Lifeline's prevention programs build resiliency and position our kids for successful futures.

*In short, prevention changes lives.*

North County Lifeline's purpose is to give youth and families the tools they need to solve their own problems and become self-reliant. This year, as we focus on the importance of prevention, we invite you to join us as we work to stop problems before they happen, give kids the support they need to build productive lives, and ultimately make our communities better places to live and work.

*Sincerely,*



**Paul Cevolani**  
Board Chair



**Don Stump**  
Executive Director



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*Retired Educator, Oceanside Unified School District*

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*Pictured: Mary Urelus, Betty Graff, Paul Cevolani, and Paul Garza*

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*Principal, Lee & Associates*



*Pictured: Don Stump and Senator Patricia Bates*

In June 2016, Lifeline received the Non-Profit of the Year award for California's 36th Senate District at the State Capitol. During the award ceremony, **Senator Patricia Bates** had this to say about North County Lifeline:

*"Whether it's diverting youth from crime or supporting victims of human trafficking, this organization has demonstrated the power of what a group of dedicated staff and volunteers can do together."*

# Resilient Youth



Resiliency is all about the ability to face life's many problems and setbacks. Resiliency gives us the power to stay on course in spite of obstacles along the way. We believe that building resiliency is key to helping at-risk kids beat the odds and prepare for productive and successful lives.

North County Lifeline's prevention programs are designed to help kids build resiliency before they reach their vulnerable teen years. For kids facing poverty and growing up in tough neighborhoods, prevention can make the critical difference that prepares them to be successful, college-bound high school graduates. *Irving's story is one example!*

## Avoiding Gangs and Becoming a Leader at Club Crown Heights

Irving is one of the many remarkable youth growing up in the impoverished and violence-stricken neighborhood of Crown Heights, Oceanside. Irving participates in Lifeline's Club Crown Heights afterschool program and also completed our Community Assessment Team prevention program. Irving came to Lifeline because he was bored after school and his family worried about the pressure he was receiving to join the local street gang.

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***"I worry about the gang activity in my neighborhood. I've been asked to do drugs. I worry that gang members may come to my house, and I worry about shootings."***

- Irving

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Lifeline's Community Assessment Team gave Irving the tools he needs to avoid gang recruitment and potentially dangerous situations. As a result, Irving has become more confident in his social skills and more openly expresses his interests, which include playing several musical instruments, reading, and learning.

Irving has participated in Club Crown Heights Civic Leadership programs and has mentored several of the younger kids.



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***"The group activities and leadership challenges helped me to be more social and come out of my shell. They gave me the courage to be myself and make more friends."***

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Irving's goals are to maintain his 4.0 grade point average, obtain a scholarship, attend California Polytechnic State University, and become a landscape architect. A big part of what drives Irving is his family. After graduating from college he says,

***"I will hopefully be helping my family so they don't have to work so hard."***

# Strong Families

As an organization whose primary focus is children and youth, we know that creating resilience for kids must first start with their family. Being open to new ways of parenting is critical to a life filled with opportunity and success, particularly when families are striving to create a better life for their children and overcome poverty.

Parents and extended families must be confident and engaged in their child's development.



**Lifeline integrates parent and family components into every program, and the following programs highlight this strong families approach:**

## **Community Services for Families**

Lifeline's skilled family support partners, parent advocates, visitation coaches, parenting instructors, and therapists worked with almost 800 families to prevent child abuse and intervene when needed. Lifeline helped families end the cycle of violence, from Oceanside to Ramona, Valley Center to Encinitas. Families with children in out-of-home placement developed the skills and strategies to reunify with their children and build healthy, resilient families.

## **Project Outreach and Project AIM with Vista Unified School District**

It is difficult for a child to be successful in school if their family is living in their car, on couches, or about to be evicted. These two projects work on school campuses and with school-based liaisons to identify homeless and at-risk families. They reach out with emergency assistance, shelter and housing support, financial education, advocacy, and employment referrals. The goal is to stabilize the family so that the children have the best opportunity for academic achievement.

## **LifeSpring Housing and Support**

Former foster youth often feel like they have the cards stacked against them. They are young adults struggling with problems outside of their control that far outreach the problems of most adults – homelessness, food insecurity, residual trauma and unemployment. By providing supportive transitional housing for two years, youth stabilize and begin building a life for themselves and their families. The program is strong on independent living skills, therapeutic support and parenting support so that we can prevent another generation of child abuse and neglect.

**In collaboration with Community Housing Works, LifeSpring offers transition age foster youth and their families transitional housing in ten units of this new Vista apartment complex. LifeSpring is helping transition age youth end the cycle that could put the next generation of kids in the foster care system.**





# Community Partners



As a community-based organization deeply invested in the North County cities, Lifeline knows that to serve those most in need, we must create and sustain long-term partnerships with all community stakeholders. Solutions to complex social problems are built on the partnerships and investment of all who touch the life of that child or that family.

**Every year, Lifeline receives thousands of referrals from the court system to help North County individuals and families.**

Hundreds of small claims disputants are referred to Lifeline's Mediation Program, saving thousands of dollars in court costs. Hundreds of batterers in domestic violence cases are referred to Lifeline's 52-week Domestic Violence and 26-week Anger Management groups. Also, victims of family violence are referred to our evidence-based parenting classes, Safe Parenting Intervention Program and STEP parent training classes.

**Thousands of troubled youth are referred to Lifeline each year by our community partners - mostly schools and law enforcement agencies in the North County.**

The local police departments in Oceanside and Carlsbad and the Sheriffs in Vista refer first time offenders to our juvenile diversion counseling and group services, our Alternatives to Detention and our IMPACT project, in addition to the County Probation Department. The schools send us referrals to provide intensive case management, mentoring and home-based parent support for kids at risk of delinquency.



In Oceanside and Vista, Lifeline served more than 400 children and their families struggling with serious mental health problems, helping them to succeed in school and build a recovery plan for a happy life.



## Putting a Stop to Human Trafficking in San Diego County

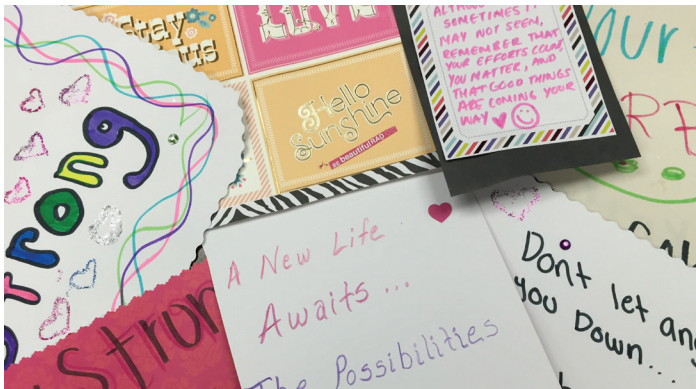
Most recently, North County Lifeline has seen the positive impact of collaborative partnerships on the crucial community issue of human trafficking.

### Collaboration is critically important in order to support victims and end trafficking in our region.

To this end, Lifeline supports a countywide, collaborative, coordinated response and solicited a grant from the State of California to fund Lifeline and six local organizations. Our key partners in the fight against trafficking include: Survivor Leader Network of San Diego, San Diego -

Youth Services, La Maestra Community Health Centers, GenerateHope, Center for Community Solutions, and Bilateral Safety Corridor Coalition. Also partnering with Lifeline as we expand our efforts to include male and LGBTQ victims are the North County LGBTQ Resource Center, Alabaster Jar, and The H.O.P.E. Project.

And, our efforts to stop human trafficking in our region would not be possible without the support of local, state and national law enforcement agencies, the San Diego County District Attorney's office, and other governmental agencies that comprise the San Diego Human Trafficking Task Force.



## Shoneil's Story is an example of partnership and faith

### *I am. I can. I will do this.*

Shoneil is proud of her accomplishments. She is a mother of four successful kids, a small business owner, a pastor, a giver. She never imagined she would face homelessness.

Shoneil had been renting a house for her family and her home-based childcare business. However, when the landlord repeatedly denied repairs and the pipes finally burst, the family became homeless with rapidly declining resources. We met Shoneil at her lowest.

Lifeline's Project AIM placed Shoneil and her family in a hotel and got to work to help her find a new home and stability. Project AIM assisted with her first month's rental fee and deposit, helped create a household budget, obtained gift cards for emergency food and clothing, and gave Shoneil the personal support she needed throughout the crisis.

According to Shoneil: *"The homelessness was a devastation. It wasn't just a home; I lost my business. My kids lost their friends and had to start over."*

*"Having this program gave me the support, the resources. When I felt down, I'd go to my team."*

Today, Shoneil comes alive when talking about her apartment and her family. *"We have wood floors and nice countertops. I can cook! We are blessed."*

She goes on to say: *"I want my kids to be successful... meet their goals, make good choices. They've seen my ups and downs. They've seen me come out of anything. I tell them: You can do all things."*

She is determined and inspiring when talking about her future. *"I see myself owning my own business again."*

When asked how she defines success, Shoneil tells us: *"I define success as obtaining your goals. You have a plan. You have a vision. You don't let anyone stop you."*

*"Success is saying, I am, I can. And I will do it."*

*Thank you to the Vista Unified School District, United Way of San Diego County and Siemer Institute for Family Stability for your partnership.*

# Volunteers are OUR Lifeline

Thank you to nearly 350 volunteers who donated your time, talent, and expertise in fiscal year 2015-16! From client visits to office administration, our dedicated volunteers saved Lifeline more than \$400,000 in donated hours last year.

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## Mike Cavataio 2016 Volunteer of the Year Award

This year, Lifeline's Mike Cavataio Volunteer Award could not have been bestowed on a more deserving recipient. Our 2016 honoree, Christine Klement, has consistently volunteered thousands of hours at North County Lifeline for more than ten years. Christine works in our Vista counseling offices two days each week and we have come to rely on her attention to detail and efficiency. Thank you Christine for your dedication to Lifeline's youth and families!

We are honored to recognize Christine's service with this award that carries on the legacy of Mike Cavataio, a past North County Lifeline Board Member and a true hero in our community.



*Christine Klement pictured at left with Don Stump and Cindy Cavataio.*



*Staff and students from Mira Costa College built new picnic tables, and inspired our kids with art projects.*



*Commonwealth Financial employees spent a day of giving at Club Crown Heights - painting, doing projects, and having fun with the kids.*



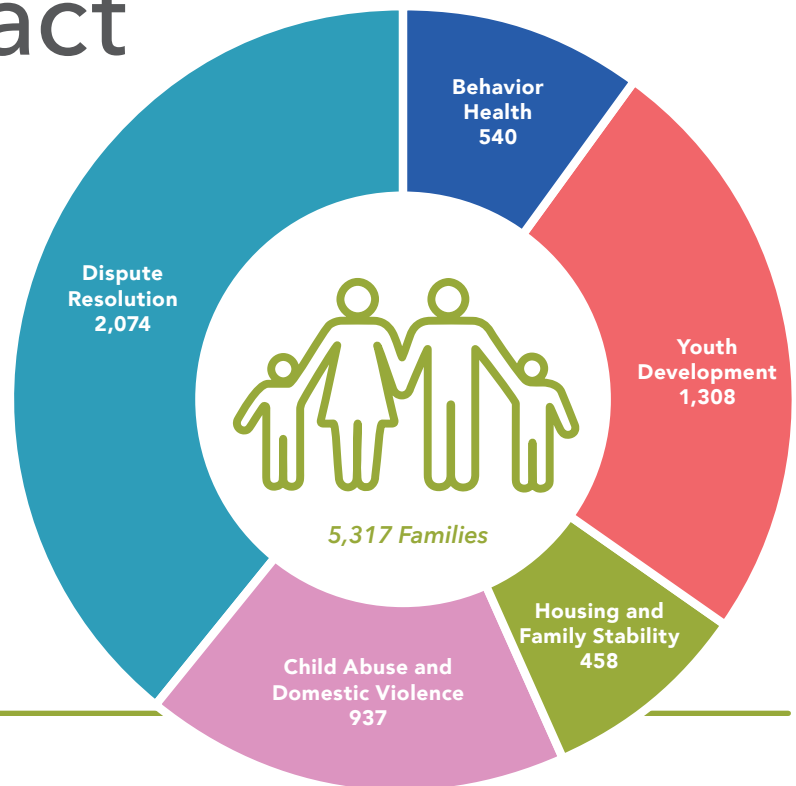
With funding from Genentech, Club Crown Heights launched our STEM Education Project which engages kids in lab experiments, field trips, and outreach programs with local organizations that have a STEM focus.

Volunteer experiences engage employees, benefit companies, and strengthen communities. Lifeline provides opportunities for employees of local businesses to help change lives in North County. We offer projects that give employees a chance to work offsite for a day of giving back, or to participate in giving events during company meetings. Contact [volunteer@nclifeline.org](mailto:volunteer@nclifeline.org) to plan a group volunteer event.



# Lifeline's Impact

More than 5,300 children and adults worked intensively with Lifeline on their path to self-reliance.



## Program Outcomes

- **AT-RISK YOUTH:** 92% of youth in Juvenile Diversion had no entry, or re-entry, into the Juvenile Justice System

*Data measured by probation records check 3 months after case closure.*

- **DOMESTIC VIOLENCE BATTERERS:** 96% of participants in Lifeline's 52-week program for Domestic Violence batterers were free from further domestic violence arrests.

*While in the program as measured by court documents, Automated Regional Justice Information System data, self-reports, probation, or Children's Welfare Services.*

- **YOUTH IN MENTAL HEALTH SERVICES:** 82% of students in Educationally Related Mental Health Services for more than 90 days demonstrated an improvement in overall mental health functioning.

*As evidenced by DSM\*-5 Cross-Cutting Symptom Measures.*

- **HUMAN TRAFFICKING:** 62% of Project LIFE trafficking victims improved their coping and life skills, developed healthy relationships with others, and established a support system.

*As measured by Lifeline's Client Outcomes Matrix which assesses client progress on a five-point scale at program entrance, 90-day intervals, and graduation.*

- **FORMER FOSTER YOUTH:** 70% of LifeSpring clients successfully transitioned from Lifeline's temporary housing and support program, to safe and sustainable housing - becoming independent.

*Readiness to graduate is measured by program requirements including achieving employment or education, securing health coverage, and developing independent living skills.*

- **DISPUTE RESOLUTION:** 83% of mediation cases resulted in mutual agreement, saving both time and money for all community members, including the court.

*Mediation is offered at the Vista courthouse and in the community.*

# Donors

You are truly  
changing lives.  
Thank you!

## INDIVIDUAL AND FAMILY DONORS

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**Donors in bold are members of North County Lifeline's Board of Directors. 100% of Lifeline's Board members make personal financial contributions.**

## COMMUNITY ORGANIZATIONS

Alcoholics Anonymous  
Blinder Memorial Chapel  
Carlsbad, Laguna, Temecula Alumni  
Chapter KA PSI Fraternity  
Catholic Religious Offering Fund,  
MCB Camp Pendleton  
Community Faith Center  
Community Housing Works  
Encinitas Rotary Club Foundation  
Lawyers Club of San Diego Fund for  
Justice at The San Diego Foundation  
Move Your Feet Before You Eat  
Oceanside Chamber of Commerce  
Oceanside Rotary Club  
San Diego North County Lions Club  
San Luis Rey Valley United Methodist  
Church  
Sorooptimist International of San Diego  
United Methodist Church of Vista  
United Way of San Diego County  
Vista Chamber Of Commerce  
The Woman's Club of Vista

## BUSINESSES AND CORPORATIONS

Albertsons  
AmazonSmile Foundation  
The Benevity Community Impact Fund  
Bixby Zane  
Black Sheep Yoga  
Blanchard for Others  
Brainard Strategy  
Datron Holdings, Inc.  
Eric Hall & Associates  
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The Soul Of Yoga  
Staples Foundation  
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Giving Fund  
Union Bank Foundation  
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The San Diego Foundation  
Wells Fargo  
Wines For Humanity  
Yoga Branch  
Younique By Judy Got Lashes

## FOUNDATIONS

The Ameritino Foundation  
Issa Family Foundation  
Kaiser Foundation Hospitals  
Leichtag Foundation  
The Parker Foundation  
Price Philanthropies Foundation  
Samuel H. French III and Katherine  
Weaver French Fund  
St. Germaine Children's Charity

**Thank you for donating to Adopt-A-Family and other in-kind donation drives.**

## IN-KIND DONORS, INDIVIDUALS AND FAMILY

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Emily Baxter  
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Dave Thompson  
Mary Urelius  
Julie and Michael Vargas  
Janell Vesci  
Pat Walker  
Rebekka Woodard  
Danielle Wright

## IN-KIND DONORS, COMMUNITY ORGANIZATIONS

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Christ Episcopal Church  
The Church At Rancho Bernardo  
Living Coast Discovery Center  
MiraCosta College  
My Father's House  
North Coast Church  
Oceanside Christmas Bureau  
John and Mary Rainsford  
Charitable Foundation  
Rock To Recovery  
San Diego Children's Discovery  
Museum  
San Diego North County Lions Club  
San Luis Rey Valley United  
Methodist Church  
Sorooptimist Desert Coast Region  
United Methodist Church of Vista  
Vista Assembly  
Vista Irrigation District  
Wine & Canvas  
The Woman's Club of Vista

## IN-KIND DONORS, BUSINESSES AND CORPORATIONS

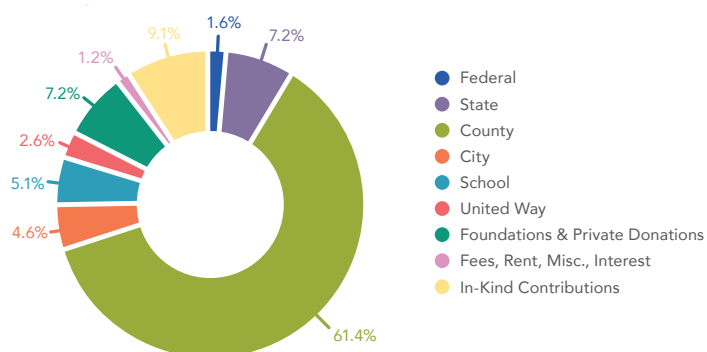
Acutus Medical, Inc.  
Albertsons  
Alvarado Institute of Skin Care  
Bixby Zane  
Blanchard for Others  
The Catered Home  
Costco  
Curbside Cafe  
Datron Holdings, Inc.  
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KTU&A Planning and Landscape  
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Los Tacos  
Millcreek Apartment Homes  
Moonlight Stage Productions  
Orchard Hill Country Inn  
The Wellness Center  
Wells Fargo

# Financials

## STATEMENT OF REVENUE AND EXPENDITURES

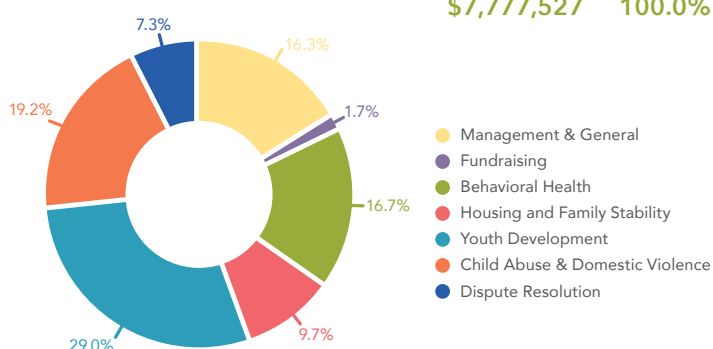
Unaudited | Fiscal Year Ending June 30, 2016

Federal	\$123,202	1.6%
State	\$572,455	7.2%
County	\$4,857,787	61.4%
City	\$361,139	4.6%
School	\$403,590	5.1%
United Way	\$202,791	2.6%
Foundations & Private Donations	\$572,087	7.2%
Fees, Rent, Misc., Interest	\$96,423	1.2%
In-Kind Contributions	\$722,332	9.1%
	<b>\$7,911,806</b>	<b>100.0%</b>



## EXPENDITURES

Management & General	\$1,268,217	16.3%
Fundraising	\$134,378	1.7%
Behavioral Health	\$1,298,584	16.7%
Housing and Family Stability	\$757,494	9.7%
Youth Development	\$2,253,873	29.0%
Child Abuse & Domestic Violence	\$1,497,096	19.2%
Dispute Resolution	\$567,885	7.3%
	<b>\$7,777,527</b>	<b>100.0%</b>



## BALANCE SHEET

Unaudited | Fiscal Year Ending June 30, 2016

### ASSETS

Cash	\$381,223
Temporarily Restricted Support	\$51,507
Grants Receivable	\$1,165,010
Other Current Assets	\$214,337
Property & Equipment at cost, less depreciation	\$1,979,108
<b>Total Assets</b>	<b>\$3,791,186</b>

### LIABILITIES AND NET ASSETS

Accounts Payable	\$612,365
Deferred Revenue	\$0
Mortgages Payable	\$478,297
<b>Total Liabilities</b>	<b>\$1,090,662</b>
Unrestricted Net Assets	\$2,700,523
<b>Total Net Assets</b>	<b>\$2,700,523</b>
<b>Total Liabilities &amp; Net Assets</b>	<b>\$3,791,186</b>

### NET ASSETS

<b>Change in Unrestricted Net Assets</b>	<b>\$134,278</b>
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# North County Lifeline's mission is to build self-reliance among youth, individuals and families through problem solving, skill-building and accessible community-based services.

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## SERVICES

### **YOUTH DEVELOPMENT**

Diverting North County youth from crime, gangs and drugs, and providing a safe haven in the Crown Heights neighborhood.

### **BEHAVIORAL HEALTH**

Counseling children with serious mental health concerns and supporting victims of human trafficking.

### **CHILD ABUSE AND DOMESTIC VIOLENCE**

Ending the cycle of violence by providing in-home family support, parenting classes and positive relationship groups.

### **HOUSING AND FAMILY STABILITY**

Overcoming poverty with individual coaching, financial assistance and ongoing support.

### **MEDIATION AND LEGAL CLINIC**

Resolving conflicts in the community and teaching life-changing mediation skills.

### **DONATE**

[give@nclifeline.org](mailto:give@nclifeline.org) or call 760.842.6257

### **VOLUNTEER**

[volunteer@nclifeline.org](mailto:volunteer@nclifeline.org) or call 760.842.6254

### **SOCIAL**



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## **CONTACT US**

### **North County Lifeline | VISTA**

200 Michigan Avenue • Vista, CA 92084

Tel: 760.726.4900 • Fax: 760.726.6102

### **North County Lifeline | OCEANSIDE**

707 Oceanside Blvd. • Oceanside, CA 92054

Tel: 760.757.0118 • Fax: 760.757.0196

TAX ID: 95-2794253

[www.nclifeline.org](http://www.nclifeline.org)